

# Swing Bed Program

Post-Acute Rehabilitation



**Washington Regional  
Medical Center**  
Thought, Word, & Deed

A personalized approach to your well-being.  
Helping you get back to the life you love.

# Recovery Planning

Following a surgery, illness, or injury, have a plan.

What is your recovery plan if you have a hip or knee surgery?

What is your recovery plan if you have a stroke?

What is your recovery plan if you have a serious car accident?

What is your recovery plan if you require heart surgery?



What is your recovery plan if you have a complex wound?

What is your recovery plan if you are too weak to go home after your hospitalization?

Who will assist in the care of your complex wound?



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## Referrals and Tours

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## Higher Level of Care

### *Top Patient Referral Indicators*

- Recent Surgery
- Respiratory Infections
- High Flow Oxygen
- BiPAP or CPAP
- Complex Wounds and Grafts
- Wound Vac Management
- Blood Administration
- Central Line Placement & Management
- TPN, PEG, and NG Feeding
- Family & Caregiver Training

## Swing Bed Program

### *Top 10 Ways We Differ from Any Other Facility*

1. Providers available 24 hours a day, 7 days a week
2. All the benefits of a larger tertiary care center including lab services, medical imaging, and pharmacy.
3. Specialists are available for consultation including Rehabilitation and Sports Medicine
4. Case Management available Mon - Fri to ensure a smooth transition
5. One nurse for every five patients on average
6. Physical, occupational, speech, and recreational therapy offered without time limitation to speed patient recovery
7. The program includes access to an activities coordinator, animal-assisted therapy, and horticulture therapy to ensure patient stimulation
8. Community reintegration and family or caregiver training when patients are ready for discharge
9. Cardiopulmonary rehabilitation offered
10. Staff performs home safety evaluations to ensure proper transition home.

## **Program Leadership**



Amanze Ugoji, MD  
Chief Executive Officer



Lisa Cuthrell, RN  
Swing Bed Program  
Director



Rhonda Britton, RN  
Asst. Director of Nursing



Tosha Collins, RN  
Quality and Compliance

**Tours & Eligibility  
(252) 793-7804**

# About the **Swing Bed** Program



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## **What is a Swing Bed Program?**

Following a hospital stay related to surgery, illness, or injury, some patients require further care to reach an optimal level of strength and wellness to safely return to their home or residential facility. The Swing Bed Program helps patients achieve this goal through hospital-based skilled nursing care.

## **Rising Market Leader: Critical Access Hospital**

Washington Regional Medical Center is a recognized up-and-coming leader in the eastern North Carolina healthcare marketplace. Equipped with over \$4 Million in renovations and equipment upgrades, the hospital boasts the most advanced technology in a small hospital in the region. It's also one of the only hospitals in Eastern North Carolina with Critical Access Hospital status, allowing the facility to provide skilled nursing care within a hospital setting. The benefit to patients is that our beds may be used for either acute or skilled nursing care as needed, allowing patients to "swing" from one level of care to the other.

## **Quality Nursing Care**

Our highly skilled nurses help patients achieve their optimal health and functioning while providing compassionate care and personal attention. Our nurse-to-patient ratio of one nurse for every five patients (on average) ensures a high level of care and improved patient outcomes. Nurses also work with acute care patients and provide cardiac monitoring, IV infusion, blood administration, patient-controlled analgesia, total parenteral nutrition, and central line management.

## **Exceptional Rehabilitation Services**

Rehabilitation plays an essential role in a successful and safe recovery. We provide full-service therapy with a highly skilled staff. Rehabilitation services are tailored to individual patient needs and include physical, occupational, speech, and recreational therapy. Additional services that may be offered to enhance recovery are therapeutic outings, home safety evaluations, animal-assisted therapy, horticulture therapy, and community reintegration.

## **Dedicated Case Management**

A case manager is available to coordinate patient-family conferences with the medical care team to discuss the patient status and next steps. At discharge, a social worker will ensure a smooth transition.

## **Basic Admission Qualifications**

1. Skilled nursing or skilled physical rehabilitative therapies are needed daily
2. Three overnight stays in an acute care hospital within the past 30 days
3. The care needed relates to the reason for the acute care hospital stay

## **Transfer Process**

We look forward to serving you and your family. To choose the Washington Regional Medical Center Swing Bed Program, ask the discharge planner during your hospital visit to contact us and our team will work directly with them to coordinate your transfer. Let us help you make a rapid transition back to independent living.



# Patient

## Testimonial



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### A Family "Thank You"

“ Washington Regional Medical Center has taken great care of my family for decades. Most recently, my husband, James, received phenomenal care as a post-surgical swing bed patient. His rehabilitation was provided by staff members we consider friends and that meant the world to us. I am also grateful that the staff took all COVID-19 protocols very seriously while still allowing me to be with him in his time of need. They ensured he received daily therapy without the risk of exposure. I cannot thank the doctors, nurses, therapists, and general staff enough for what they've done for my family.”



*Lynne has been a resident of Plymouth, North Carolina since she was a child and considers Washington Regional Medical Center her first choice for medical care. She now proudly brings her family including grandchildren to visit staff and receive care.*

#### **Lynne G.**

Previous patient and  
wife of a previous Swing Bed patient

# Swing Bed Program



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## Premier Post-Acute Rehabilitation Bringing You Closer to Home

At Washington Regional Medical Center, we have worked hard to build a Swing Bed Program dedicated to the successful recovery of our patients and the quality recognized by the National Rural Health Association. Our team will provide quality care to help you recover and regain your strength.



## Location

958 US-64 Hwy  
Plymouth, NC 27962

Parking located just east of the hospital. Patients may be dropped off at the front door. Wheelchair assistance is available.



## Tours, Referrals, or Eligibility

**Phone: (252) 793-7804**

**Fax: (252) 793-7737**